

OK Boomer, OK Millennial, Let's Talk About Using These Terms in the Workplace

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Joseph Sirbak was quoted in *HR Technologist* about why it is not ok to say "OK, boomer" at work. Sirbak said "as the phrase enters our vocabulary, the use of 'OK boomer' in the workplace could be sufficient evidence of age-based hostility to support a lawsuit under the ADEA [Age Discrimination in Employment Act of 1967 of the U.S.]." This applies to anyone above the age of 40.

To read more of this article, [click here](#).

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